

Department of Legislative Services
Maryland General Assembly
2026 Session

FISCAL AND POLICY NOTE
First Reader

Senate Bill 90
Finance

(Senator Beidle)

Workers' Compensation - Occupational Disease Presumptions - Hypertension

This bill expands a workers' compensation occupational disease presumption for specified public safety employees (generally firefighters) who have hypertension by establishing that an employee has demonstrated disablement from the hypertension (which is generally required to receive compensation benefits), if certain requirements are met, including having been prescribed medication to treat hypertension for at least 90 consecutive days.

Fiscal Summary

State Effect: State expenditures (all funds) may increase minimally beginning in FY 2027 due to the bill's expansion of the State's occupational disease presumption for hypertension, as discussed below. Revenues are not affected.

Chesapeake Employers' Insurance Company (Chesapeake) Effect: Chesapeake expenditures may increase minimally beginning in FY 2027 to the extent that the bill results in additional workers' compensation benefits payments on behalf of the State and local governments, as discussed below. Revenues increase to the extent that premiums are raised due to claims experience under the expanded occupational disease presumptions.

Local Effect: Local government expenditures may increase minimally beginning in FY 2027 due to the bill's expansion of occupational disease presumptions, as discussed below. Revenues are not affected.

Small Business Effect: None.

Analysis

Bill Summary: The bill's occupational disease presumption applies only to a paid firefighter, paid fire fighting instructor, paid rescue squad member, paid advanced life support member, or sworn member of the Office of the State Fire Marshal employed by an airport authority, a county, a fire control district, a municipality, or the State. To demonstrate disablement and be deemed to have hypertension under the bill's expanded occupational disease presumption, an individual must:

- have been diagnosed with hypertension by an authorized provider as defined in regulations adopted by the Workers' Compensation Commission;
- have been prescribed medication to treat hypertension for at least 90 consecutive days;
- have completed at least two years of cumulative service within the State in the relevant occupation; and
- be employed, as specified, at the time of the claim application.

An individual who qualifies for compensation under the bill may not be eligible to receive disability retirement benefits on the basis of the same condition. Also, an individual who has heart disease or lung disease under existing provisions must file a separate claim application for workers' compensation; the bill does not prohibit an individual from filing a separate workers' compensation claim under current statutory provisions.

Current Law: Workers' compensation law establishes a presumption of compensable occupational disease for certain public safety employees who are exposed to unusual hazards in the course of their employment. It is assumed that these injuries or diseases are due to the employees' work and, therefore, require no additional evidence in the filing of a claim for workers' compensation. As shown below, generally, presumptions are based on particular occupations and their associated health risks.

<u>Type of Personnel/Occupation</u>	<u>Type of Disease</u>
Volunteer and career firefighters, fire fighting instructors, rescue squad members, and advanced life support unit members; fire marshals employed by an airport authority, a county, a fire control district, a municipality, or the State	Heart disease, hypertension, or lung disease that results in partial or total disability or death Leukemia or prostate, rectal, throat, multiple myeloma, non-Hodgkin's lymphoma, brain, bladder, kidney or renal cell, testicular, breast, thyroid, colon, or ovarian cancer under specified conditions

<u>Type of Personnel/Occupation</u>	<u>Type of Disease</u>
Department of Natural Resources paid law enforcement employees, park police officers of the Maryland-National Capital Park and Planning Commission, forest rangers, park rangers, and wildlife rangers	Lyme disease under specified conditions

A covered employee who receives a presumption is entitled to workers’ compensation benefits in addition to any benefits that the individual is entitled to receive under the retirement system in which the individual participated at the time of the claim. However, the weekly total of workers’ compensation and retirement benefits may not exceed the weekly salary that was paid to the individual; any necessary adjustment is made against the workers’ compensation benefits.

Although statute is silent on the issue, occupational disease presumptions have long been considered rebuttable presumptions. Two court decisions address the use of “is presumed” in reference to occupational diseases in current law, specifying that the term “without contrary qualification, should be read to be a presumption, although rebuttable, of fact.” (See *Board of County Commissioners v. Colgan*, 274 Md. 193, 334 A.2d 89 (1975); and *Montgomery County Fire Board v. Fisher*, 53 Md. App. 435, 454 A.2d 394, aff’d, 298 Md. 245, 468 A.2d 625 (1983).) However, the Court of Special Appeals (now the Appellate Court of Maryland) has stated that, “after the last injurious exposure to a hazard and the conclusion of employment the nexus between an occupational disease and an occupation becomes increasingly remote.” (See *Montgomery County, Maryland v. Pirrone*, 109 Md. App. 201, 674 A.2d 98 (1996).)

State/Chesapeake/Local Expenditures: Any increase in expenditures depends on how many affected employees qualify for the occupational disease presumption in any given year and whether any of those employees would have received workers’ compensation for hypertension absent the bill. The Department of Legislative Services advises that a covered employee may still receive workers’ compensation for hypertension under current law; the presumptions established under the bill ensure no additional evidence is required to qualify for benefits.

According to Chesapeake, it experienced 360 filed claims that included hypertension from 2015 through 2024. During this period, Chesapeake advises that very few hypertension claims were denied due to a lack of traditional disablement. When traditional disablement did occur for hypertension, it most often meant a very limited disablement period for a covered employee to begin a new blood pressure medicine. Moreover, when denials for lack of disablement did occur, most claims were simply refiled and accepted when this traditional disablement subsequently occurred to start a new medication. As such,

Chesapeake does not foresee a significant increase in claims filed under the hypertension presumption as modified by the bill.

Thus, State, Chesapeake, and local expenditures may increase to the extent that any additional claims are filed due to the bill; however, any such increase, if realized, is anticipated to be minimal.

Additional Comments: The [U.S. Centers for Disease Control and Prevention](#) estimates that nearly half (48.1%) of all Americans have hypertension, only 22.5% of those adults with hypertension have it under control, and 45% of those with uncontrolled high blood pressure (roughly 37 million adults) have a blood pressure of 140/90 millimeters of mercury or higher.

Additional Information

Recent Prior Introductions: Similar legislation has been introduced within the last three years. See SB 173 and HB 217 of 2025, SB 844 and HB 1145 of 2024, and SB 538 and HB 919 of 2023.

Designated Cross File: HB 347 (Delegate Pruski) - Economic Matters.

Information Source(s): Anne Arundel, Charles, and Dorchester counties; Maryland Association of Counties; cities of College Park and Frostburg; Maryland Municipal League; Department of State Police; Maryland Department of Transportation; Subsequent Injury Fund; Uninsured Employers' Fund; Chesapeake Employers' Insurance Company; U.S. Centers for Disease Control and Prevention; Department of Legislative Services

Fiscal Note History: First Reader - March 8, 2026
caw/rld

Analysis by: Eric F. Pierce

Direct Inquiries to:
(410) 946-5510
(301) 970-5510